

LESSON 1

TAQWA (CONSCIOUSNESS OF ALLAH)

1.1 QURAN STUDY

﴿يَا أَيُّهَا الَّذِينَ ءَامَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ﴾ البقرة: ١٨٣

"O you who have believed! Prescribed upon you is fasting, as it was prescribed upon those before you, in order for you to attain *taqwa* (fear and consciousness of Allah)." [2:183]

1.2 VOCABULARY OF THE VERSE

الَّذِينَ ءَامَنُوا	كُتِبَ	كُتِبَ عَلَيْكُمْ
الصِّيَامُ	الَّذِينَ مِن قَبْلِكُمْ	تَتَّقُونَ

1.3 AN ARABIC LANGUAGE BENEFIT

You can change from active voice (مَبْنِيٍّ لِلْمَعْلُومِ), like كَتَبَ ("He wrote"), to passive voice (مَبْنِيٍّ لِلْمَجْهُولِ), like كُتِبَ ("It was written"), by changing the *harakaat* (vowelling) of the verb. Practice this with some other verbs in table below:

فَعَلَ ⇌ فُعِلَ	أَكَلَ ⇌ أُكِلَ	تَرَكَ ⇌ تَرِكَ
دَرَسَ ⇌ دُرِسَ	رَسَمَ ⇌ رُسِمَ	ضَرَبَ ⇌ ضُرِبَ
جَعَلَ ⇌ جُعِلَ	خَلَقَ ⇌ خُلِقَ	غَفَرَ ⇌ غُفِرَ

1.4 TAFSEER BENEFITS

The call: "O you who believe..."	
Definition of <i>eemaan</i>	
Fasting has been prescribed	
The fasting of previous nations	
The overall goal of fasting	
Definition of <i>taqwa</i>	

1.5 HADEETH STUDY

عَنْ أَبِي هُرَيْرَةَ رَضِيَ اللَّهُ عَنْهُ، عَنِ النَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، قَالَ: «يَقُولُ اللَّهُ عَزَّ وَجَلَّ: الصَّوْمُ لِي، وَأَنَا أَجْزِي بِهِ، يَدَعُ شَهْوَتَهُ وَأَكْلَهُ وَشُرْبَهُ مِنْ أَجْلِي، وَالصَّوْمُ جُنَّةٌ، وَلِلصَّائِمِ فَرْحَتَانِ: فَرَحَةٌ حِينَ يُفْطِرُ، وَفَرَحَةٌ حِينَ يَلْقَى رَبَّهُ، وَلَخُلُوفُ فَمِ الصَّائِمِ أَطْيَبُ عِنْدَ اللَّهِ مِنْ رِيحِ الْمِسْكِ.» [مُتَّفَقٌ عَلَيْهِ]

On the authority of Aboo Hurayrah (may Allah be pleased with him), from the Prophet (may Allah raise his rank and grant him peace), who said: "Allah, the Mighty and Majestic, has said: Fasting is for Me, and I alone provide its reward. He leaves his desires, his food and drink, for My sake! Fasting is a shield, and a fasting person shall have two occasions of joy: one when he breaks his fast, and another when he meets his Lord. Certainly, the smell of a fasting person's breath is better with Allah than the fragrance of musk." [Agreed upon]

1.6 BENEFITS OF THE HADEETH

Aboo Hurayrah	
" <i>Hadeeth qudsee</i> "	
Sincerity in fasting	
Fasting people abstain from:	1
	2
	3
Benefits of fasting (as found in this hadeeth)	1
	2
	3
	4
	5
The joys of obedience	
Vs. temporary "joy" of sin	
Outward appearances	

1.7 RESEARCH: How many benefits and advantages of fasting (spiritual, medical, or otherwise) can you compile?

LESSON 2

THE EASE OF ISLAM'S LEGISLATED CONCESSIONS

2.1 QURAN STUDY

﴿ أَيَّامًا مَّعْدُودَاتٍ فَمَنْ كَانَ مِنْكُمْ مَّرِيضًا أَوْ عَلَى سَفَرٍ فَعِدَّةٌ
مِّنْ أَيَّامٍ أُخَرَ وَعَلَى الَّذِينَ يُطِيقُونَهُ فِدْيَةٌ طَعَامُ مِسْكِينٍ فَمَنْ تَطَوَّعَ
خَيْرًا فَهُوَ خَيْرٌ لَهُ وَأَنْ تَصُومُوا خَيْرٌ لَّكُمْ إِنْ كُنْتُمْ تَعْلَمُونَ ﴾

البقرة: ١٨٤

"A set number of days, and whoever of you is ill or upon a journey, then some other days (are made up in place of the days missed). Upon those who are capable (but do not fast) is a ransom due, feeding a poor person. Whoever does more good voluntarily, that is better for him. Yet, fasting is better for you, if you only knew." [2:184]

2.2 VOCABULARY OF THE VERSE

أَيَّامًا مَّعْدُودَاتٍ	مَّرِيضًا	عَلَى سَفَرٍ
عِدَّةٌ	أَيَّامٍ أُخَرَ	الَّذِينَ يُطِيقُونَهُ
فِدْيَةٌ	طَعَامُ مِسْكِينٍ	تَطَوَّعَ
خَيْرٌ	وَأَنْ تَصُومُوا	إِنْ كُنْتُمْ تَعْلَمُونَ

2.3 AN ARABIC LANGUAGE BENEFIT

Single nouns which end with two *dhammahs* of *tanween*, like خَيْرٌ (good), can also end with two *fat-hahs* of *tanween*, and an *alif* is written and pronounced, like خَيْرًا . Practice this with some single nouns below, and then finish filling in the table, adding three more single nouns:

مَرْفُوعٌ	مَنْصُوبٌ	مَجْرُورٌ
خَيْرٌ	خَيْرًا	خَيْرٍ
مَرِيضٌ		
		سَفَرٌ
		أَيَّامٌ
طَعَامٌ		
		مَسْكِينٌ

2.4 TAFSEER BENEFITS

A number of days	
Sick people are excused	
Travelers are excused	
An abrogated option	
Some of the ruling remains	
Definition of a "miskeen"	

2.5 HADEETH STUDY

عَنْ جَابِرِ بْنِ عَبْدِ اللَّهِ رَضِيَ اللَّهُ عَنْهُمَا، قَالَ: كَانَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ فِي سَفَرٍ، فَرَأَى زَحَامًا وَرَجُلًا قَدْ ظَلَّلَ عَلَيْهِ، فَقَالَ: «مَا هَذَا؟» فَقَالُوا: صَائِمٌ. فَقَالَ: «لَيْسَ مِنَ الْبِرِّ الصَّوْمُ فِي السَّفَرِ.» [مُتَّفَقٌ عَلَيْهِ]

On the authority of Jaabir ibn 'Abdillah (may Allah be pleased with him and his father): The Messenger of Allah (may Allah raise his rank and grant him peace) was on a journey, and he saw a crowd of people around a man who passed out. **"What's this?"** he asked. They said, "Fasting." He replied, **"It is not from piety to fast during a journey."** [Agreed upon]

2.6 BENEFITS OF THE HADEETH

Jaabir ibn 'Abdillaah	
Piety is not refusing concessions	
Ease of worship in Islam	
The ruling on fasting during a journey	1 Recommended:
	2 Permissible:
	3 Disliked:
	4 Prohibited:

2.7 RESEARCH: Find this hadeeth in *Saheeh al-Bukhaaree*. What chapter did the author use for it? Consider this hadeeth and its chapter title as it relates to the chapters before it and after it, to gain some insight about and appreciate the *fiqh* of Imaam al-Bukhaaree (may Allah have Mercy on him).

LESSON 3

HOW THE MONTH OF RAMADHAAN BEGINS

3.1 QURAN STUDY

﴿ شَهْرُ رَمَضَانَ الَّذِي أُنْزِلَ فِيهِ الْقُرْآنُ هُدًى لِّلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدَى
وَالْفُرْقَانِ فَمَن شَهِدَ مِنْكُمُ الشَّهْرَ فَلْيَصُمْهُ وَمَن كَانَ مَرِيضًا أَوْ عَلَى
سَفَرٍ فَعِدَّةٌ مِّنْ أَيَّامٍ أُخَرٍ يُرِيدُ اللَّهُ بِكُمُ الْيُسْرَ وَلَا يُرِيدُ بِكُمُ الْعُسْرَ
وَلِتُكْمِلُوا الْعِدَّةَ وَلِتُكَبِّرُوا اللَّهَ عَلَى مَا هَدَاكُمْ وَلَعَلَّكُمْ
تَشْكُرُونَ ﴾ البقرة: ١٨٥

"The month of Ramadhan is when the Quran was sent down, guidance for Mankind and clarifications of the guidance and the Criterion. Whoever of you witnesses the month, let him fast it. Whoever is ill or on a journey, then some other days (are made up later). Allah wants ease for you, and He does not want difficulty for you, so you could complete the amount (of days of fasting), and so that you could declare the Greatness of Allah, for what He has guided you to, and in order for you to be grateful." [2:185]

3.2 VOCABULARY OF THE VERSE

شَهْرُ رَمَضَانَ	أُنْزِلَ فِيهِ الْقُرْآنُ	هُدًى لِّلنَّاسِ
بَيِّنَاتٍ	الْفُرْقَانِ	فَمَن شَهِدَ

الشَّهْرَ	فَلْيَصُصْهُ	يُرِيدُ اللَّهُ بِكُمْ
الْيُسْرَ	الْعُسْرَ	وَلِتُكْمِلُوا الْعِدَّةَ
وَلِتُكَبِّرُوا اللَّهَ	عَلَى مَا هَدَاكُمْ	وَلَعَلَّكُمْ تَشْكُرُونَ

3.3 AN ARABIC LANGUAGE BENEFIT

Using opposites helps explain a matter with clarity. Think about how Allah explains that He wants ease for us, and He does not want hardship for us. While we could extract from the first phrase that Allah does not want hardship for us, He still stated it verbatim, in order to stress that meaning and clarify it. Try to put these meanings together in the table below, and complete it with one more set of opposites from yourself:

الْيُسْرَ / الْعُسْرَ	﴿ يُرِيدُ اللَّهُ بِكُمْ الْيُسْرَ ﴾	﴿ وَلَا يُرِيدُ بِكُمْ الْعُسْرَ ﴾
الْخَيْرَ / الشَّرَّ	﴿ يُرِيدُ اللَّهُ بِكُمْ _____ ﴾	﴿ وَلَا _____ ﴾
الْإِيمَانَ / _____	﴿ يُرِيدُ _____ ﴾	﴿ _____ ﴾
_____ / _____	﴿ _____ ﴾	﴿ _____ ﴾

3.4 TAFSEER BENEFITS

The revelation of Quran	
Definition of Quran	
Seeing/witnessing the "month"?	
This abrogates a previous Verse	
The concession is emphasized	
The wisdom of this legislation	1
	2

	3
	4
	5

3.5 HADEETH STUDY

عَنْ أَبِي هُرَيْرَةَ رَضِيَ اللَّهُ عَنْهُ، قَالَ: قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: «صُومُوا لِرُؤُوسِهِ، وَأَفْطِرُوا لِرُؤُوسِهِ، فَإِنْ غُيِّ عَلَيْكُمْ فَأَكْمِلُوا عِدَّةَ شَعْبَانَ ثَلَاثِينَ.» [مُتَّفَقٌ عَلَيْهِ]

On the authority of Aboo Hurayrah (may Allah be pleased with him), the Prophet (may Allah raise his rank and grant him peace), said: "Fast according to its sighting, and break your fast according to its sighting. If it is obscured from your view, complete the term of *Sha'baan* as 30 [days]." [Agreed upon]

3.6 BENEFITS OF THE HADEETH

Aboo Hurayrah	
The connection to the Verse	
How the month begins and ends	
Fasting begins in three ways	1
	2
	3
Predictions and calculations	

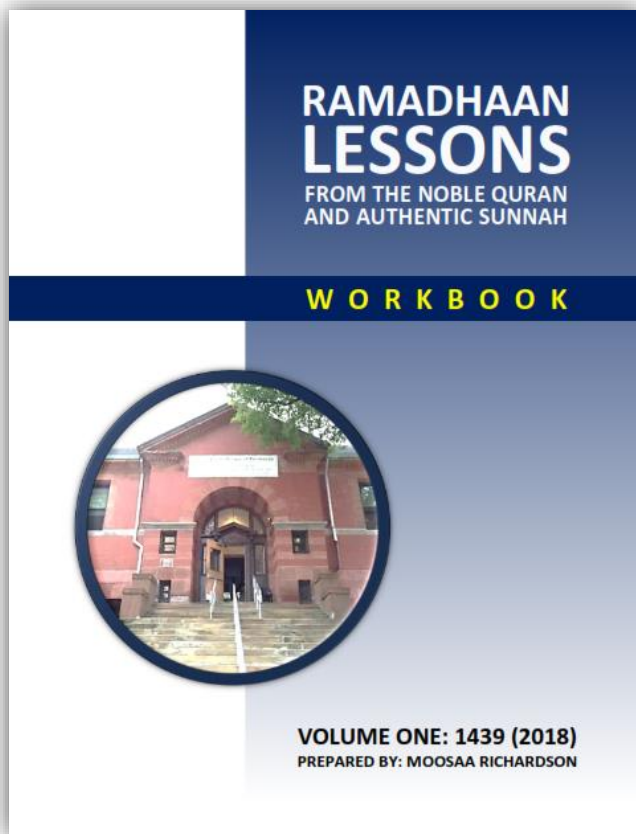
3.7 RESEARCH: Can a month ever be 28 days? If so, how?

The complete workbook has all thirty lessons.

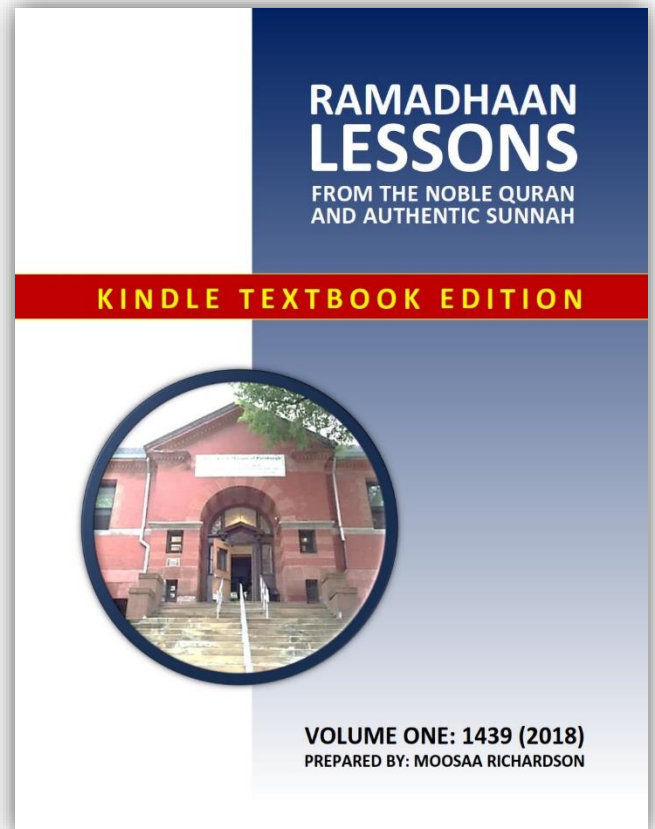
OVERVIEW OF ALL THIRTY LESSONS

- LESSON 1: Taqwa (Consciousness of Allah)
- LESSON 2: The Ease of Islam's Legislated Concessions
- LESSON 3: How the Month of Ramadhaan Begins
- LESSON 4: The Closeness of Allah
- LESSON 5: The Nights of Ramadhaan
- LESSON 6: A Warning Against Religious Deviation
- LESSON 7: Real Interfaith Dialogue in Islam
- LESSON 8: From the Fruits of Obedience
- LESSON 9: The Ways of our Ancestors as a Proof?
- LESSON 10: Curing the Disease of Envy at the Root
- LESSON 11: The Status of the Prophet Muhammad (ﷺ)
- LESSON 12: From the Many Fruits of *Taqwa*
- LESSON 13: The Islamic Calendar & the Sacred Months
- LESSON 14: Allah Sees and Knows All that We Do
- LESSON 15: The Correct Methodology in *Da'wah*
- LESSON 16: The Sunnah Explains the Quran
- LESSON 17: The Scales of Justice on the Day of Judgment
- LESSON 18: The Prohibition of Passing on Rumors
- LESSON 19: From the Traits of the Hypocrites
- LESSON 20: The Final Seal of Prophethood
- LESSON 21: The Duty of Discharging *Zakaat al-Fitr*
- LESSON 22: *Laylat al-Qadr*: The Night of Decree
- LESSON 23: Unwarranted Suspicion & Backbiting
- LESSON 24: Avoiding Major Sins & Sexual Misconduct
- LESSON 25: The Long Overdue Revival of Our Hearts
- LESSON 26: Religious Loyalty and Allegiance
- LESSON 27: Consistent Night Prayers & Quran Recitation
- LESSON 28: Purification of the Soul
- LESSON 29: A Brief Study of *Soorah al-Kowthar*
- LESSON 30: A Brief Study of *Soorah al-Ikhlaas*

Which version of the workbook is better for you?



TRADITIONAL PRINT



KINDLE VERSION